

# Couples N Christ

## JUNE 2009

### From the Teacher

*Goal setting. It is what drives our society and the corporate world. In, fact we use it on a daily basis; "finish the deck", "mow the lawn before it gets too hot", "vacuum upstairs and finish the laundry before we leave", or "finish the project before the deadline on Friday." It provides us with purpose. It helps us to break up our day and our lives into a series of accomplishments. Without goal setting we would not have any direction and would never be able to accomplish anything. The apostle Paul said it best,*

**"I press toward the goal for the prize of the upward call of Christ Jesus" (Philippians 3:14 NKJV).**

*Unfortunately, as Christians we are not very good at setting spiritual goals in life. Application of our faith in our daily lives is much easier when we have something to reach for. So my question is, what are your spiritual goals? Start out simple such as "having a quiet time daily this week", or "to share my faith with one person this month", or "to fast once a week for a month". Other goals might be to lead a Bible study or take a spiritual gifts test to see where God may be leading you. Whatever they may be, spiritual goals in our lives spur us on to a greater purpose of meeting God's will for our lives. Try setting one attainable goal that you can accomplish this week.*

*Love in Christ,  
Tony*

### Upcoming Activities

- Sunday, July 26, 2009- Floating Baby Shower for Robin and Gregg Staton 3pm-5pm in Reception Room

### Expecting Couples:

Gregg and Robin Staton due September 7, 2009



### June Birthdays

- Cathy Barnes-6/3
- Lori Bryant-6/9
- Carol Hardy - 6/14
- Jeff McLawhorn-6/15
- Brian Bass-6/18
- Patrick Register-6/19
- Angela Peele-6/21
- Pam Deans-6/24
- Michael Peele-6/26
- Tim McIver-6/28