



# Couples N Christ

## From the Teacher

Once again we are in the busy time of the year. School is now in full swing. The kids have more homework than hours in the night. Fall sports have begun and you are likely spending at least 1 to 2 nights per week taking kids to practice or games. Many are already preparing for the holidays that are right around the corner. Church activities are in full gear with Christmas Theater practices, Wednesday night classes, and new committee meetings. Lets face it. The fall of the year is one of the busiest times of the year. And if we are not careful we will miss significant opportunities with our children. The greatest distraction in life is busyness. Knowing this I am convicted to challenge myself to make intentional time with my family, and I would encourage each of you to do the same. Take the time to have a Friday night game night at home. Go fishing or camping one last time before its too cold. Whatever you do be sure to stop long enough to make time for your spouse and children. If we fail to do this we will end up looking back in January to spending the last four months without any impact on the lives of our children. Take the time to slow down 3 or 4 times before Christmas. Believe me, you need it!

Love in Christ,

Tony



## OCTOBER 2009

### Upcoming Activities

#### October 4, 2009

Floating Baby Shower for Bert and Crystal Harris from 3 until 5

#### October 16th and 17th

Peace Church Couples Retreat in Raleigh, NC at the Embassy Suites

#### October 24th

Couples Class Halloween Party

#### December 19th

Couples Class Christmas Party

### Expecting Couples:

Bert and Crystal Harris due Nov. 29, 2009

Shane and Ashley Bridgers due March 14, 2010

### October Birthdays

10/5 Amy Reed

10/9 Amanda Barnes

10/11 Mike Reed

10/16 Alan Doss

10/17 Sharon O'Briant

10/18 Rhonda Hawley

10/18 Stevie Barnes

10/20 Jill Engstrom

10/27 Paul Merrell

10/28 Kelly Farmer

10/30 Buffy McLawhorn